



Otway Districts Football Netball Club Inc.

Club Member Handbook 2023



OTWAY DEMONS: Your Club | Your Town | Your Family



***We're a mighty team at Otway
We wear the colours Red & Blue
Opposition will be brushed aside
When they meet the tried & the true***

***We're the champions from the Otway's
We've got the score up on the board
Otway District will be Winners We
will fight for Victory***

***We are the Greatest Team of all
OTWAY!***



Introduction

Welcome to the Otway Districts Football Netball Club

Please take the time to read this and keep it handy during the season as it contains important information that you may need. If you have any queries during the season, please do not hesitate to contact the club

The Otway Districts Football Netball Club aims to be a club that provides:

- A solid junior development program
- Challenging and successful playing opportunities
- A vibrant and welcoming social community
- An encouraging and collaborative environment for coaches, players and administrators

Otway Districts Football Netball Club is affiliated with AFL and Netball Victoria and therefore follows their policies and guidelines such as Junior Policy, Drug and Alcohol, Risk Management and member Protection: including Codes of Conduct.

For further information the Club Constitution can be found on our website: www.otwaydistrictsfnc.com.au

Club Philosophy

To provide an environment where participants can:

- Learn and develop the skills and ethics of netball and football
- Receive coaching from appropriately trained coaches
- Have fun and form long lasting friendships with peers sharing similar goals
- Be supported by the club, their peers, coaches, parents and supporters
- Be provided with a pathway to achieve their full potential

Club Involvement

There are a number of ways for people to be involved in the club - some are voluntary, but there is an expectation that members and families will contribute.

- Committee – This welcoming and active group are always looking for new people to further strengthen our club. The committee is a low key and no pressure environment.
- Canteen – Any assistance is greatly appreciated at home games. There is a lot of work goes into maintaining the high standard and variety we have in our canteen.
- Game Day Duties – During the year, you and your family could be rostered on to help as either a timekeeper, scorer, in the canteen etc, during the day.



Club Governance & Structure

The Club Executive is empowered to deal with urgent business and any matter requiring consideration or decision between scheduled meetings of the Club Committee. The Executive has primary responsibility for Committee business and planning, policy development and communication.

President	Ross Panther	0408 084 513
Vice President	Steven Daniels	0409 148 843
Secretary	Linda Perkins	0409 933 849
Treasurer	Paul Hicks	0408 313 482
Netball President	Emma Craddock	0488 043 045

General Committee

The Club General Committee oversees all Club operations, some of which are delivered via Sub Committees. The Committee meets each month, including during the off-season. See the Organisational Structure on the following page which illustrates the Club Governance Structure and roles undertaken by members.

Graeme Sutherland	Sheryl Mahoney	Kelsie Ayres	Gina Larson
Gwynneth Cowley	Denise Robbins	Dean Mahoney	Tiffany Hay
Jordon Craddock	Alen Pearce	Emma Craddock	Sam Ayres
Jacqueline Langley	Richard Dawes	Andy Larson	Marlene Farnes
Tony Robertson	Natasha Williamson	Matt Craddock	Angus Zdrojewski

The Club Committee welcomes and encourages feedback from members, players and the community on any issue relating to Club activities. Input is possible by emailing the Club otwayfootballclub@gmail.com or by contacting a Committee Member.

Club Website

The Otway Districts Football Netball Club maintains a website: www.otwaydistrictsfnc.com.au here you can find information about our club with links to draws, events, membership options, merchandise and becoming a sponsor.



The Victorian Code of Conduct for Community Sport

The Victorian Code of Conduct for Community Sport outlines behaviours which are expected to be followed by every person involved in community sport, as well as identifying the behaviours which must not be tolerated.

Every person: spectator, player, club member, official, participant, administrator, coach, parent, or member of the community involved with the sport, should work to ensure:

- inclusion of every person regardless of their age, gender, or sexual orientation
- inclusion of every person regardless of their race, culture, or religion
- opportunities for people of all abilities to participate in the sport and develop to their full potential
- respect is shown towards others, the club, and the broader community
- a safe and inclusive environment for all
- elimination of violent and abusive behaviour
- protection from sexual harassment or intimidation.

This Code applies to community sport, training, and club sanctioned activities.





OTWAY DISTRICT FNC Code of Conduct

Administrators Code of Conduct

- Ensure equal participation for all: provide equal opportunities regardless of ability, sex, age, size, disability or ethnic origin
- Suitability of program: ensure that the rules, equipment, length of games and training schedules as far as possible take into consideration the age, ability and maturity level of the participants.
- Ensure adequate supervision: adequate supervision must be provided by qualified and competent coaches and officials capable of developing appropriate sports behaviour and skills.
- Stress enjoyment: remember children participate for enjoyment. Play down the importance of rewards.
- Arrange adult education: develop improved standards of coaching and officiating with an emphasis on appropriate behaviour and skills.
- Promote fair play: ensure parents, coaches, officials, sponsors, trainers and participants understand their responsibilities regarding fair play
- Modify to suit various levels: modify rules and regulations as far as possible to match the skill level or participants and their needs.
- Promote respect for opponents: condemn unsporting behaviour
- Maximise enjoyment: publicly encourage rule changes that will reinforce the principle of participating for fun and enjoyment.

Parent/Guardian/Spectator Code of Conduct

- Remember participants play sport for their enjoyment, not yours.
- Focus on your children's efforts and self-esteem rather than whether they win or lose.
- Encourage players to always participate according to the rules.
- Never ridicule or yell at the players for making a mistake or if their team loses a game.
- Remember we all learn best by example – applaud the efforts of all players in both teams.
- Support all efforts to remove verbal and physical abuse from sporting activities.
- Show appreciation of all volunteers involved including coaches, officials, administrators, trainers – without whom there would not be a game or club.

Umpires Code of Conduct

- Treat all players with respect at all times.
- Accept responsibility for all actions taken. Exercise reasonable care to prevent injury by ensuring players play within the rules. Reasonable care consists of advising the players of illegal body movements, showing due diligence in detecting infringements and penalizing rule breakers.
- Place the safety and welfare of the players above all else. It is the responsibility of umpires to ensure that the playing conditions are safe.
- Must be impartial and maintain integrity in their relationship with the other umpires, players and coaches.
- Avoid situations which may lead to a conflict of interest.
- Be courteous, respectful and open to discussion and interaction
- Value the individual in sport. Ensure the players have the opportunity for discussion with you after the match.
- Refrain from any form of personal abuse towards players. This includes verbal, physical and emotional abuse. Be alert to any forms of abuse directed towards the players from other sources while they are playing.



- Refrain from any form of harassment towards players. Treat all players fairly within the context of their sporting activities, regardless of gender, place of origin, race, athletic potential, religion, socio-economic status, and other conditions.

Players Code of Conduct

- Be a responsible team member: be on time, attend all training sessions.
- Play by the rules: they are there for the good of all.
- Never argue with an official: if you disagree, discuss the matter with your coach after the game.
- Control your temper: verbal abuse, racial or religious vilification of other players, and provoking an opponent or the other team are never appropriate.
- Be a good sport: applaud all good plays by your team, opponent or opposition team.
- Treat all players fairly: treat all players as you would like to be treated.
- Do not interfere with, bully or take unfair advantage of another player.
- Cooperate willingly: cooperate with your coach, team mates and opponents. Without them there would be no game.
- Respect and acknowledge the contributions of those who create the opportunity for you to play.
- Be honest in your attitude and preparation to training. Work equally hard for yourself and your team.
- Play for fun: play for the 'fun of it' and not just to please parents and coaches.

In addition to the provisions of various codes of conduct that apply to all members and supporters of the club, players are required to conduct themselves in a manner that is in keeping with the club principles when involved in any club sanctioned event.

Club sanctioned events

- include:
- All matches
 - All club training sessions
 - Any club sanctioned social event.

In the event of a player behaving in an inappropriate or unacceptable manner during any club activity, the matter may be referred to the Club Committee for review. Inappropriate or unacceptable behaviour is any behaviour or action that contravenes any club Code of Conduct, policy or rules, that is illegal or immoral, or that a reasonable person would generally consider inappropriate or unacceptable within the community or society at large.

Any repeated or serious instances of inappropriate or unacceptable behaviour will be referred to the Club Committee for review and may result in various forms or sanctions being applied by the committee including, but not limited to:

warnings, suspensions and/or banning of players, parents/guardians and/or spectators. Such disciplinary action applied by the club is separate from any penalty that may or may not be applied by the League, Police or any other body for the same incident.



Coaches Code of Conduct

All coaches must be accredited to coach in our League.

They must:

- Respect the rights, dignity and worth of all individuals, including refraining from any discriminatory practises on the basis of race, religion, gender, ethnic background or special ability/disability
- Abide by and teach the laws and rules of the game and the rules of the club and League/Association.
- Be reasonable in the demand I make on the time commitments of the players in my care, having due consideration for their health and well-being
- Be supportive at all times and refrain from any form of personal or physical abuse or unnecessary physical contact with players in my care
- Stress and monitor safety always.
- In recognising the significance of injury and sickness, I will follow the advice of professionals concerning the return of injured or ill players.
- At all times display and foster respect for umpires, opponents, coaches, administrators, other officials, parents and spectators.
- Endeavour to keep informed regarding sound principles of coaching and skill development, and of factors relating to the welfare of my players.
- At all times display and teach appropriate sporting behaviour, ensuring that players understand and practise fair play.
- Act at all times as a role model that promotes the positive aspects of sport by maintaining the highest standards of personal conduct and projecting a favourable image of sport and of coaching at all times.
- Ensure that players are involved in a positive environment where skill learning and development are priorities.
- Reject the use of performance enhancing substances in sport and will abide by the guidelines set forth in the AFL Anti-Doping and Illicit Drugs policies and the Netball Australia Anti-Doping Policy.
- Abide by the AFL and Netball Victoria Coaches' Code of Conduct.
- Acknowledge that AFL, Netball Victoria, or a body affiliated to these, is required to implement a complaints handling procedure in accordance with the principles of natural justice in the event of an allegation against me.
- And that the disciplinary action against me may include de-registration from the AFL and Netball Victoria's National Coaching Accreditation Scheme.

**The Codes of Conduct have been adapted from AFL and Netball Victoria
Websites: www.afl.com.au and www.netball.com.au**



Home Match Venue

All home matches will be played at Midway Reserve, Gellibrand.

Game Starting Times

Football		Netball - 1 court Venue (with D Grade)	
Under 14.5s	9.15am	13 & Under	8.30 am
Under 18s	10.30am	15 & Under	9.30am
Reserves	12.00pm	17 & Under	10.30am
Seniors	2.00pm	D Grade	11.30am
		C Grade	12.30pm
		B Grade	1.30pm
		A Grade	2.30pm

Registration

Club Registration will need to be finalised prior to Round 1.

Registration Due: 30th March 2023

Registration Officer: Please inquire at the Office or to membership officer Sheryl Mahoney

NB: If paying by cheque please make payable to Otway Districts Football Netball Club Inc.

Football

Senior VCFL Registration - \$ 200.00 (includes membership)

Junior VCFL Registration - \$ 40.00

Please contact the club if you are experiencing any financial difficulties.

Netball

Senior VNA - \$ 84.00

Junior VNA - \$ 64.00

Club Membership

All players and families are encouraged to become an active member of the Otway Districts Football Netball Club.

Single Adult Membership	\$ 80.00
Single GOLD Membership	\$180.00 with Registration \$200.00
Family Membership (incl: 2 playing juniors)	\$ 150.00 includes all non-playing juniors
Family GOLD Membership (incl: all playing juniors)	\$ 250.00 includes all playing and non-playing juniors
Junior Football Membership & Registration	\$40.00 (or \$10.00 if included in a family M/ship)
Junior Netball Membership	\$30.00 (18 & Under)

Sponsorship

Otway Districts Football Netball Club relies heavily on sponsorship and we invite you and your business to become involved in this way. Please see Paul Hicks our sponsorship coordinator for further details or check out sponsorship options on the club's website www.otwaydistrictfnc.com.au

If you are involved in a business or organisation that sponsors the club – you and your family may qualify for a free ODFNC senior supporter membership.



Training Requirements

Training will be held at Midway Reserve in Gellibrand on Tuesday for Senior Football Players and Thursday for all football and netball teams junior and senior unless otherwise notified.

Note: If a player is ill or injured, they must notify their coach preferably 24hrs in advance of training. If a player is unable to make training for any reason, it is expected that you contact your coach prior to training to inform them of your absence.

Club Uniform and Dress Code

Football

- All players are to be attired in the club's official uniform when playing games organised by the club. The uniform consists of a club supplied Demon's jumper, regulation football shorts and red socks.
- The club will supply a football jumper to each fully registered player. Warm up tops are also available.
- Players are responsible for the purchase and care of regulation football socks and shorts.
- Jumpers must be handed to the team manager at the end of the season and marked off as returned.
- If a player does not return a jumper at the completion of the season, replacement costs including badges and logos may be charged to the player.
- Appropriate footwear must be worn at training and in matches. Football boots must be safe to wear. All players boots are subject to checking by the umpires prior to the game.
- Players will be expected to wear the club jacket to games and any function where they are representing the club.

Netball

- All players are to be attired in the club's official blue and red netball uniform and white socks.
- Netball uniforms are to be purchased from the club. New uniforms for senior players are available from the club.
- ODFNC warm up singlets & T-shirts are also available.
- No jewellery to be worn (wedding rings, medical alert bracelets must be taped).
- No gloves to be worn.
- Nails must be cut short.
- Players will be expected to wear the club merchandise to games and any function where they are representing the club.

Club Merchandise

Club merchandise is available to be ordered from the club website www.otwaydistrictsfnc.com

ODFNC branded items available include:

- Windbreaker Jacket
- Hoodie
- Puffer Vests
- Caps
- Bags
- Long Sleeve Tee
- Rugby jumpers
- Short sleeved Polo Shirt
- Sports Bag



Grievances

In the event that you wish to raise an issue regarding football, netball or a team related subject, this should be discussed firstly with the Coach and or Team Manager. If a reasonable resolution has not been achieved through this means and if the matter is of a general nature, it can be raised with the club president or in writing to the committee. The matter will be dealt with appropriately and confidentially taking into consideration what is best for the player, the club and the personnel.

Injury Prevention and Management

Through a range of measures including the provision of appropriate facilities, conduction of warm up activities before training and matches, and requiring the use of mouthguards by players, the club will endeavour to reduce the probability and incidence of injuries amongst the playing group. Notwithstanding this fact, inevitably in a contact sport such as Australian Rules Football and Netball, injuries will arise from time to time. The following policies have been framed in relation to injury prevention and management.

Advice of Existing Illnesses, Injuries, etc.

Players/Parents/Guardians are responsible for advising the coach, trainers or team manager of any illness, injury or other such condition of which a coach should be aware when selecting, playing or positioning a player at training or in matches.

A Player medical Information Form for completion is attached at the end of this booklet.

Mouthguards/Helmets

Wearing of a mouthguard is highly recommended for all players in matches and training sessions. Helmets are available at the request of parents.

Club Welfare Officer

Otway Districts Football Netball Club Welfare Officer Jane Wynne is the designated club person with the primary responsibility for managing and reporting concerns about minors. Jane will work alongside others at the club to ensure a positive and safe environment.

Ambulance membership

It is **ALL** players responsibility to have a paid-up ambulance membership. The club will not pay expenses owed by a player that does not have an ambulance membership.

* An ambulance **WILL** be called if deemed necessary by trainers. More details can be found at: www.ambulance.vic.gov.au



Underage Drinking Policy

The Otway Districts Football Netball Club's policy is that we are clearly opposed to underage drinking and that players under 18 years of age are not to be drinking at any club functions.

Underage persons are welcome to attend club functions where alcohol is being consumed if they are with a guardian. However, they are not permitted to consume alcohol. The club's policy is that the guardian must be a parent or legal guardian and not an older brother or sister or family friend unless the matter has been discussed with the Club President.

Substance Abuse

The Otway Districts Football Netball Club is bound by the guidelines around Responsible Serving of Alcohol. Anti-Social behaviour due to excessive alcohol intake will not be tolerated.

The club will not tolerate the use of illicit and illegal drugs.

If any player is found to be participating in the use of or dealing in such drugs, instruction by the committee will be sought as how to proceed.

If you or someone you know is experiencing problems, you can contact your GP, contact Direct line on 1800 888 236, or visit www.health.vic.gov.au/drugs

Bullying/ Cyberbullying

Examples of cyberbullying include teasing, spreading rumours, unwanted messages, defamation or threats – any action which humiliates and distresses someone. This also includes comments towards the club, or people involved in the club, that are posted on web media sites such as Facebook.

If the ODFNC executive receives a complaint involving allegations of cyberbullying instigated by the club members, it will be forwarded to the committee. If there is evidence supporting the claim, possible suspension will apply.



Otway Districts Football Netball Club - Netball Age Group Statements

Junior Grades – U13 & U15

- Players are being prepared for match play with skill development activities and age appropriate competitive experiences
- All players will receive court time during the season and where possible have the opportunity to play a variety of different playing positions
- Training focuses on skill development and team work.
- A focus on enjoyment and fun of both training and matches is of the utmost importance.
- Matches are used as a learning experience
- Goals are performance based (not outcome based)
- Appropriate and acceptable behaviour will be taught and enforced.
- Implement simple team strategies and tactics.
- Develop a sense of team/club through inclusion in age appropriate social events and game responsibilities.
- In the event of the team playing in finals; the coach will be conscious of club success being of significant importance and where possible all players will be given court time. However it will be at the discretion of the coach whether bench players are used and they must be aware they may not receive any court time.

Junior Grades – U17

- All of the above plus;
- U17's where possible will be provided some experience of open age netball.

Otway Districts Netball Selection Guidelines

- Junior teams will consist of preferably nine (9) players (in certain circumstances this may differ)
- Both U13 and U15 grades will be selected based on their age and required to play in their eligible age groups unless insufficient numbers are available in an older age group.
- The U17 team will be selected based on their age group but where possible some open age netball experience will be allowed as the U17 playing squad is seen as part of senior development.
- In junior grades where possible, all players will be given as close as possible equal court time during the home and away season, although top age players may be given more court time to assist in development and preparation for future years.
- During junior selection if players are of equal ability, preference will be given to current Otway District players.
- In junior grades, second teams may be formed (where there are excess player numbers) to assist in development (usually playing on week nights)

Team Selection and Changes

- During the season, any changes to team personnel in all grades must be approved by concerned coaches, team managers and relevant club persons.



Otway Districts Football Netball Club - Netball Age Group Statements (cont.)

Open Grades (A, B, C & D Grades)

The open netball grades of the club will be administered by the selection committee and coaches to appoint, at the start of the year by the committee

Areas of significance will be:

- Focussing training on skill acquisition.
- Providing a challenging and motivating team environment.
- Enjoyment of training matches.
- Personal improvement and dedication.
- Demonstration of a sense of team and club through involvement in social events and game responsibilities.
- Goals being both performance and outcome based.
- Team strategy, tactics and mental skills to be refined.
- Understanding and acceptance of the competitive nature of weekly team selections.
- Take responsibility both collectively and individually for performance based outcomes.
- In the event of the team making finals, the coaching panel will select in their opinion the most suitable players to represent the club based on recent performance, training attendance and team structure.

Netball Duties Roster

During the season, it is expected that all players will undertake at least 2 duties per year. Duties consist of scoring, timekeeping, canteen assistance and club cleanliness. In the case of U13 & U15 juniors, parents, guardians or family members will be allocated a specific date.

U13 & U15 players will not be given scoring or timekeeping duties, but will be expected to operate the scoreboard when required and help with court/club cleanliness.

A roster will be given to you by your team manager. There is NO excuse for not completing your duties. Players should swap days if a problem exists and inform your team manager before game day.



OTWAY DISTRICTS FNC SOCIAL CALENDAR 2023

There are already some key dates to lock into your calendar for Season 2023

<p>15th April ----- 1-1000 draw</p>	<p>3rd June ----- Otway Ball</p>	<p>17th June ----- Sponsors Day</p>	<p>23rd July ----- Reverse Raffle</p>
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During the season the Club holds various functions which all players, parents and sponsors are welcome to attend.

Some functions are mandatory for the senior players.

Information on the functions will be distributed via the Club's Website, Facebook Page, Emails and Newsletters:

- Web page: <https://otwaydistrictsfnc.com.au>



Facebook: Otway Districts Football & Netball Club



Instagram: otwaydistrictsfnc



2023 COLAC & DISTRICT FNL FIXTURE

ROUND 1	ROUND 8	ROUND 14
<p>SATURDAY 25TH MARCH IRREWARRA-BEEAC VS ALVIE (CEN) SATURDAY 1ST APRIL ALVIE VS SIMPSON (ALR) APOLLO BAY VS OTWAY DISTRICTS (ABR) BIRREGURRA VS LORNE (BIR) SOUTH COLAC VS IRREWARRA-BEEAC (ELL) WESTERN EAGLES VS COLAC IMPERIALS (IRR)</p>	<p>SATURDAY 3RD JUNE BIRREGURRA VS ALVIE (BIR) COLAC IMPERIALS VS APOLLO BAY (WES) IRREWARRA-BEEAC VS LORNE (WAR) SOUTH COLAC VS OTWAY DISTRICTS (ELL) WESTERN EAGLES VS SIMPSON (IRR)</p>	<p>SATURDAY 22ND JULY ALVIE VS APOLLO BAY (ALR) BIRREGURRA VS SOUTH COLAC (BIR) COLAC IMPERIALS VS OTWAY DISTRICTS (WES) SIMPSON VS IRREWARRA-BEEAC (SIR) WESTERN EAGLES VS LORNE (IRR)</p>
ROUND 2	ROUND 9	ROUND 15
<p>FRIDAY 7TH APRIL ALVIE V COLAC IMPERIALS (ALR) SATURDAY 15TH APRIL IRREWARRA-BEEAC VS APOLLO BAY (WAR) LORNE VS SOUTH COLAC (STR) OTWAY DISTRICTS VS WESTERN EAGLES (GEL) SIMPSON VS BIRREGURRA (SIR)</p>	<p>SATURDAY 10TH JUNE APOLLO BAY VS SIMPSON (ABR) LORNE VS ALVIE (STR) OTWAY DISTRICTS VS IRREWARRA-BEEAC (GEL) SOUTH COLAC VS COLAC IMPERIALS (ELL) WESTERN EAGLES VS BIRREGURRA (IRR)</p>	<p>SATURDAY 29TH JULY ALVIE VS BIRREGURRA (ALR) APOLLO BAY VS COLAC IMPERIALS (ABR) LORNE V IRREWARRA-BEEAC (STR) OTWAY DISTRICTS VS SOUTH COLAC (GEL) SIMPSON VS WESTERN EAGLES (SIR)</p>
ROUND 3	ROUND 10	ROUND 16
<p>SATURDAY 22ND APRIL ALVIE VS OTWAY DISTRICTS (ALR) APOLLO BAY VS SOUTH COLAC (ABR) BIRREGURRA V COLAC IMPERIALS (BIR) SIMPSON VS LORNE (SIR) WESTERN EAGLES VS IRREWARRA-BEEAC (IRR)</p>	<p>SATURDAY 17TH JUNE COLAC IMPERIALS VS WESTERN EAGLES (WES) IRREWARRA-BEEAC VS SOUTH COLAC (WAR) LORNE VS BIRREGURRA (STR) OTWAY DISTRICTS VS APOLLO BAY (GEL) SIMPSON VS ALVIE (SIR)</p>	<p>SATURDAY 5TH AUGUST APOLLO BAY VS IRREWARRA-BEEAC (ABR) BIRREGURRA VS SIMPSON (BIR) COLAC IMPERIALS VS ALVIE (WES) SOUTH COLAC VS LORNE (ELL) WESTERN EAGLES VS OTWAY DISTRICTS (IRR)</p>
ROUND 4	ROUND 11	ROUND 17
<p>SATURDAY 29TH APRIL COLAC IMPERIALS VS SIMPSON (WES) LORNE VS APOLLO BAY (STR) OTWAY DISTRICTS VS BIRREGURRA (GEL) SOUTH COLAC VS WESTERN EAGLES (ELL)</p>	<p>SATURDAY 24TH JUNE ALVIE VS IRREWARRA-BEEAC (ALR) APOLLO BAY V LORNE (ABR) BIRREGURRA VS OTWAY DISTRICTS (BIR) SIMPSON VS COLAC IMPERIALS (SIR) WESTERN EAGLES VS SOUTH COLAC (IRR)</p>	<p>SATURDAY 12TH AUGUST ALVIE VS LORNE (ALR) BIRREGURRA VS WESTERN EAGLES (BIR) COLAC IMPERIALS VS SOUTH COLAC (WES) IRREWARRA-BEEAC VS OTWAY DISTRICTS (WAR) SIMPSON VS APOLLO BAY (SIR)</p>
ROUND 5	LEAGUE BYE	ROUND 18
<p>SATURDAY 6TH MAY ALVIE VS SOUTH COLAC (ALR) BIRREGURRA VS IRREWARRA-BEEAC (BIR) COLAC IMPERIALS V LORNE (WES) SIMPSON VS OTWAY DISTRICTS (SIR) WESTERN EAGLES V APOLLO BAY (IRR)</p>	<p>SATURDAY, JULY 1</p>	<p>SATURDAY 19TH AUGUST APOLLO BAY VS WESTERN EAGLES (ABR) IRREWARRA-BEEAC VS BIRREGURRA (WAR) LORNE VS COLAC IMPERIALS (STR) OTWAY DISTRICTS VS SIMPSON (GEL) SOUTH COLAC VS ALVIE (ELL)</p>
ROUND 6	ROUND 12	2023 CDFNL FINAL SERIES
<p>SATURDAY 13TH MAY APOLLO BAY V ALVIE (ABR) IRREWARRA-BEEAC VS SIMPSON (WAR) LORNE VS WESTERN EAGLES (STR) OTWAY DISTRICTS VS COLAC IMPERIALS (GEL) SOUTH COLAC VS BIRREGURRA (ELL)</p>	<p>SATURDAY 8TH JULY APOLLO BAY VS BIRREGURRA (ABR) IRREWARRA-BEEAC VS COLAC IMPERIALS (WAR) LORNE VS OTWAY DISTRICTS (STR) SOUTH COLAC VS SIMPSON (ELL) WESTERN EAGLES VS ALVIE (IRR)</p>	<p>SATURDAY 26TH AUGUST QUALIFYING FINALS (CEN) SUNDAY 27TH AUGUST ELIMINATION FINALS (CEN) SATURDAY 2ND SEPTEMBER SECOND SEMI FINALS (CEN) SUNDAY 3RD SEPTEMBER FIRST SEMI FINALS (CEN) SATURDAY 9TH SEPTEMBER PRELIMINARY FINALS (CEN) SATURDAY 16TH SEPTEMBER GRAND FINALS (CEN)</p>
ROUND 7	ROUND 13	
<p>SATURDAY 20TH MAY ALVIE VS WESTERN EAGLES (ALR) BIRREGURRA VS APOLLO BAY (BIR) COLAC IMPERIALS VS IRREWARRA-BEEAC (WES) SATURDAY 27TH MAY OTWAY DISTRICTS VS LORNE (GEL) SIMPSON VS SOUTH COLAC (SIR)</p>	<p>SATURDAY 15TH JULY COLAC IMPERIALS VS BIRREGURRA (WES) IRREWARRA-BEEAC VS WESTERN EAGLES (WAR) LORNE VS SIMPSON (STR) OTWAY DISTRICTS VS ALVIE (GEL) SOUTH COLAC VS APOLLO BAY (ELL)</p>	

VENUES: ALVIE RECREATION RESERVE (ALR), APOLLO BAY RECREATION RESERVE (ABR), BIRREGURRA RECREATION RESERVE (BIR), CENTRAL RESERVE (CEN), ELLIMINYT RECREATION RESERVE (ELL), GELLIBRAND RECREATION RESERVE (GEL), IRREWILLIPE RECREATION RESERVE (IRR), SIMPSON RECREATION RESERVE (SIR), STRIBLING RESERVE (STR), WARROWIE RECREATION RESERVE (WAR), WESTERN OVAL (WES)



Player Profile/Medical Form

Confidential information for first aiders, trainers, coaches and team managers only. This form must be signed by the player or by a parent or guardian for players under 18 years of age at the start of the season.

Player Details
Player Name:
FOOTBALL / NETBALL
Address:
Phone / Mobile:
DOB:

Please list any **medical conditions** and/or **previous injuries** (last 2 years) e.g. sprains, strains, tears, brakes, surgeries, Musculo- skeletal, asthma, diabetes, epilepsy, heart murmurs, mental health concerns etc. Provide a copy of any current management plans e.g. asthma.

List any **medications** required for medical conditions above, at home, training and/or on game days. Medication must be clearly labelled with the player's name, dosage and instructions for administration.

Allergies – provide details and relevant health management plans, including medication.

Do you wear:

Dentures	Yes	No		
Glasses	Yes	No		
Contact Lenses	Yes	No	Soft	Hard
Mouth Guard	Yes	No		
Other	Yes	No	Details: _____	



Emergency Contact

Full Name:
Relationship:
Mobile:

Health Care Details

Doctor's Name:
Ph: (if known)
Ambulance subscription YES / NO

- When a parent or guardian is unable to be contacted or a player is unable to give instruction of medical care, I hereby authorise the first aider of the activity to give first aid treatment considered reasonably necessary in the event of an illness or accident. I accept all risks involved in the administration of medical or first aid treatment considered necessary and the responsibility for payment of all expenses incurred in relation to such treatment and any emergency transportation required.
- I give permission for my medical and/or treatment history to be released to another health or medical personnel in the event further services are required. I give permission for ODFNC to obtain and release information related to any medical condition or injury as it pertains to my ability to train and/or play football /netball.
- To the best of my knowledge all information contained on this sheet is true and correct.

Print Name: _____

Signed: _____ Date: _____

** To be signed by parent or guardian if under 18.

*** AN AMBULANCE/MEDICAL ASSISTANCE WILL BE CALLED IF CONSIDERED NECESSARY – THE COST OF WHICH WILL BE THE PLAYERS RESPONSIBILITY**